



Waxing Aftercare Advice

Thank you for choosing Sleek and Smooth for your waxing service.

Please follow the guidelines below to ensure your skin is cared for properly over the next few days.

Please note: some slight soreness, small bumps and redness are common and perfectly normal temporary reactions, particularly if this is your first wax. These symptoms should subside over the next 24-48 hours.

If you experience persistent redness or irritation or if you have any questions, please do not hesitate to contact us.

Keep the waxed area clean and avoid heat and friction during the next 24-48 hours. This means:

- No hot baths or showers (cool to lukewarm water only)
- Do not use saunas or hot tubs
- No tanning (sunbathing, sunbeds or fake tans)
- No sport, gym work or other vigorous exercise
- No swimming in chlorinated pools
- Avoid scratching or touching the treated area with unwashed hands
- Wear clean, loose fitting clothes
- Do not apply any deodorants, body sprays, makeup, perfume or lotions to the area other than those recommended by your therapist
- To soothe and protect the skin, apply an antiseptic cream regularly for 3 days following your treatment
- Always wash your hands before applying any product
- Use a sunblock on exposed areas of skin after waxing if you're going into the sunshine
- Using an antibacterial skin wash or natural bath salts to your bathwater will help prevent infection over the next few days; this will also assist the healing process should any pimples appear

To prevent ingrown hairs starting a few days after your appointment, gently exfoliate the skin up to 3 times a week using a body mitt, brush or scrub. Moisturise the area everyday to keep the skin supple and help new hairs grow through easily.

You may notice a small amount of regrowth after a week or so. It can take up to 4 treatments spaced evenly apart for your hair to get on a cycle that gives best results. Hair needs to be a least 1/2 cm long before it can be successfully removed by wax so please do not shave, tweeze or use hair removal creams between your appointments.

For best long-term results, we recommend regular waxing every 4-6 weeks.

Thank you for choosing Sleek and Smooth for your treatment today. We look forward to treating you again soon.



www.sleekandsmooth.co.uk



andy@sleekandsmooth.co.uk